

PSHE/RSE Curriculum Map



Intent

At Highfurlong PSHE/RSE will be split into three categories, Me and my Relationships, My world and the wider world and Health, Lifestyle and Wellbeing. During key stages 1 and 2, PSHE lessons will have 9 topics per year group, giving a wide range of learning opportunities and experiences which reflect pupils' increasing independence and physical and social awareness, as they move through the primary phase. It builds on the skills that pupils started to acquire during the Early Years Foundation stage (EYFS) to develop effective relationships, assume greater personal responsibility and manage personal safety, including online using the Early Years Goals. During key stage 3, 4 and 5, PSHE/RSE will have 3 topics per year, allowing more time to each area of learning and building on the knowledge and understanding, skills, attributes and values they have acquired and developed during the primary phase. At key stage 4 and 5 students deepen knowledge and understanding, extend and rehearse skills, and further explore attitudes, values and attributes acquired during key stage 3. PSHE education reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others.

Implementation

The teaching and learning of the PSHE/RSE curriculum will have a dedicated hour per week for key stage 1 to 4. PSHE is not compulsory for EYFS, but pupils access PSHE through circle time activities and there are elements that naturally occur and during their school day. There will be a clear theme or topic for each lesson following the long term plan. The plan covers all of the updated statutory requirements and for RSE and will be adapted by the class teacher to suit their age and ability for their learners. There will be an academic and sensory option for each lesson where the theme or topic will run through. Outside speakers and visits are also incorporated within lessons gaining advice from specialists within their field. Key stage 5 will follow an ASDAN course as well as dedicated PSHE/RSE lessons with a focus on careers, work related learning, relationships and sexual health. In addition Key stage 4 and 5 will be encouraged to participate in work experience placements to enhance their work related learning and careers understanding. Learners will complete their PSHE/RSE journey throughout their time at Highfurlong showing the topics they have covered which could include images or text showing their progress and learning.

Impact

PSHE and RSE education at Highfurlong School helps learners to manage the physical and emotional changes that will happen throughout their lives, it introduces them to a wider world and enables them to make an active contribution to their communities. Pupil progress is assessed using the B-squared assessment tool. Sensory learners are assessed in social, emotional and mental health, academic learners in PSHE and Citizenship and EYFS learners in understanding of the world and PSED (Personal, social and emotional development). PSHE and RSE also supports learners working towards their Education, Health and Care plan targets. PSHE/RSE education acknowledges and addresses the changes that young people experience, including the transition to secondary phase, the challenges of adolescence including puberty, their increasing independence and a focus on their future. It teaches the knowledge and skills which will equip them for the opportunities and challenges of life. Students learn to manage diverse relationships, their online lives, and the increasing influence of peers and the media. Overall enabling each and every learner to become a well rounded young adult ready for the wider world.



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Age Progression

Teaching and learning coverage

